Aging with Attitude
Regional Expo

A one-day expo to provide inspiration, answers to questions and information to make the most of life!

Friday, April 27, 2012, 9 a.m. to 3:30 p.m.
First Baptist Church Good News Center
118 N. Forest, Chanute KS

Keynote Speaker:
Sally Bailey
Professor, Kansas State University

"Staying Young through Creativity and the Arts"

Break-Out Sessions
- Applying for Medicaid
- Benefits of Physical Activity
- Build a Healthy Meal: Tips from "Choose MyPlate"
- Computer and Cell Phone Security
- Depression and Anxiety in the Elderly
- Elder Abuse, Neglect and Exploitation
- Fraud Seminar
- Hearing Aids, Balance and Dizziness: Help is Here
- Medicare Basics for Boomers and Beyond
- Remembering When: Fire and Fall Prevention
- The Arts: Good for Your Health!
- Volunteer…It's Good for You!

Registration fee includes lunch, refreshments, prizes and resource fair.
Advance registration by April 16.
$15 per person.

For more information, please contact:
M. Gayle Price – 620-431-1530, or your local Extension office
www.southeast.ksu.edu

Educational sponsors of this program include:

Alzheimer's Association, Heart of America Chapter
Angels Care Home Health of Chanute
K-State Research and Extension, SE Area
Neosho Memorial Regional Medical Center
SEK-RSVP sponsored by Neosho County Community College
Via Christi Hospital Pittsburg, Inc.

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